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Senior Living in Nepal: what readers should know

A concise Nepal Digest briefing on Senior Living, with attention to everyday decisions, household life and personal wellbeing.

JULY 14, 2026

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By Asha Rana - July 14, 2026 - Nepal

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This short editorial brief introduces the essential questions around Senior Living and points readers towards the people, places and evidence that deserve closer attention.

Originally published by Nepal Digest - https://nepaldigest.com/senior-living-nepal-digest-1/